



Iowa Senior Center
 120E. 1st. St
 Iowa, La. 70647
 Monday---Friday 8am-1pm



August 2024

337-312-1781

SUN	MON	TUE	WED	Thu	FRI	SAT
Happy Birthday 	Kathy Fontenet Pat Fruge Trudy Daniels Verdie Oliver Vicki Royer	Ruth Daigle May LaRocca Joann Miller Greg Savant Evaine Oliver	Wanda Richard Ann Ardoin Margaret Thibodeaux Dominoe Candien Vickie LeBleu	1 8am Dominoes 9am Speed Bingo 10am Bingo w/Kalab Indpt. Medicare Agt. 11am Game	2 8am Dominoes & Breakfast with friends. 8:30 Walk Exercise	
National Friendship Day & Choc Chip Day	5 8am Dominoes 10am Grandparents Day Bingo	6 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	7 8am Dominoes 8:30 Walk Exer. 9am Standing & Chair Exer. 10am BB 	8 8am Dominoes 9am Speed Bingo 10am Bingo w/ Dodi Southern Home H. 11am Game	9 8am Dominoes & Breakfast 9am Beanbag w/ Moss Bluff SC at Home	Bring a Friend Day Thursday Aug 8th
	12 8am Dominoes 10am Bingo with Angie Holland w/ Christus Hospice 11am Pokeno Left Handers Day	13 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	14 8am Dominoes 8:30 Walk Exer. 9am Stand & Chair & Beanbag Baseball 11am Lunch Regatta (Lake Arthur)	15 8am Dominoes 9am Speed Bingo 10am Bingo sponsored by D.A. Office (AB Franklin) 11am Game	16 8am Dominoes & Breakfast with friends 8:30 Walk Exercise 9am Chair Exercise Tell a joke Day	
National Fajita Day	19 8am Dominoes 10am Bingo w/ Mary from Blue Cross Blue Shield Monthly Birthday 11am Pokeno	20 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	21 8am Dominoes 8:30am Walk Exer. 9am Standing & Chair Exercise 10am Beanbag	22 8am Dominoes 9am Speed Bingo 10am Bingo w/ Lawanna from Brighten Bridge	23 8am Dominoes and Walk Exer. 9am Beanbag Baseball W/ West Lake SC @ W.L.	
	26 8am Dominoes 10am Bingo 11am Pokeno 	27 8am Dominoes 10am Bingocize Bingo + Exercise 11am Beanbag Baseball	28 8am Dominoes 8:30 Walk Exercise 9am Standing & Chair Exercise 10am Beanbag	29 8am Dominoes 9am Speed Bingo 10am Bingo 11am Game	30 8am Dominoes & Breakfast with friends 8:30am Walk Exer. 9am Chair Exer.	