



Iowa Senior Center  
 120E. 1<sup>st</sup>. St  
 Iowa, La. 70647  
 Monday---Friday 8am-1pm

July 2024

337-312-1781

SUN	MON	TUE	WED	Thu	FRI	SAT
	1 8am Dominoes 8:30 Walk Exer. 9am Line Dance & Advisory Meeting 10am Crafts	2 8am Dominoes 10am Bingo W/ Joshua Macer 11am Pokeno Dress Patriotic	3 8am Dominoes 8:30 Walk Exer. 9am Stand & Chair Exercise 10am Beanbag	4 Closed In Observances Of 4 <sup>th</sup> of July	5 8am Breakfast With Our Elected Officials	
	8 8am Dominoes 8:30 Walk Exer. 9am Chair Exercise 10am Library Crafts 10am Beanbag	9 8am Dominoes 10am Bingo w/Angie from Christus St. Pats Hospice 11am Pokeno	10 8am Dominoes 8:30 Walk Exer 9am Standing & Chair Exer. 10am BB 	11 8am Dominoes 9am Speed Bingo 10am Bingo w/ Dodi Southern Home H. 11am Game	12 8am Dominoes & Breakfast with friends 8:30 Walk Exercise 9am Chair Exercise	
	15 8am Dominoes 8:30 Walk Exer. 9am Chair Exer. 10am Beanbag Baseball	16 8am Dominoes 10am Bingo Sponsor Steve's Paint & Body 9am-12 pm Tax Assessor Office 11am Pokeno	17 8am Dominoes 8:30 Walk Exer. 9am Stand & Chair Exercise 9:30 Beanbag Baseball	18 8am Dominoes 9am Speed Bingo 10am Speaker & Bingo w/Kalab Indpt. Medicare Agt. 11am Game	19 8am Dominoes & Breakfast with friends 8:30am Walk Exer. 9am Chair Exercise	
	22 8am Dominoes 8:30 Walk Exer. 9am Chair Exercise 9:30am Crafts 10:30 Beanbag	23 8am Dominoes 10am Bingo w/Lisa from Stonebridge 11am Pokeno Birthday Lunch	24 8am Dominoes 8:30am Walk Exer. 9am Standing & Chair Exercise 10am Beanbag	25 8am Dominoes 9am Speed Bingo 10am Bingo 11am Game	26 8am Dominoes and Walk Exer. 9am Beanbag Baseball W/ West Lake SC @ Iowa	
	29 8am Dominoes 8:30 Walk Exer. 9am Chair Exer. 9:30 Beanbag Baseball	30 8am Dominoes 9:30am Speaker & Bingo w/ Karen from Center Well  11am Pokeno	31 8am Dominoes 8:30 Walk Exercise 9am Standing & Chair Exercise 10am Beanbag	Happy Birthday 	Sylvia Guidry Henry Kimball Debbie Dorman Bo Waits Julia Deloach	Anita Ramirez Katherine Guidry

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