October 2023

## Moss Bluff Senior Center

2868 Hwy. 171 N

| Lake Charles, LA 70611 |  |  |  | PHONE: 337-217-0500 |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| $\begin{aligned} & \mathbf{2} \\ & \text { 9:00 a.m. Exercise } \\ & \text { 9:45a.m. Bingo - Nicole } \\ & \text { w/Christus } \\ & \text { 12:30p.m Dancers } \end{aligned}$ | 3 <br> 8:30 a.m. Quilting <br> 9:00 a.m. French Conversation <br> 9:00 a.m. Dominoes <br> Pool Table all day | 4 <br> 9:00a.m. Painters <br> 9:00a.m. Games <br> 11:30a.m. Come on Down for | 5 <br> 9:00a.m. Exercise <br> 9:00 a.m. Dominoes <br> 9:45a.m. Bingo-Alayna <br> w/Calcasieu Community Care <br> 11:30a.m Bean-Bag Baseball <br> 12:30p.m. Dancers | 6 <br> 8:00 a.m. Musicians 9:00 a.m. Dominoes <br> Pool Table all day Coffee and Chat |
| 9 <br> 9:00 a.m. Exercise 9:45a.m. Bingo-Dodie w/Southern Home Health, Treats by LIFT 12:30p.m Dancers | 10 <br> 8:30 a.m. Quilting <br> 9:00 a.m. French Conversation <br> 9:00 a.m. Dominoes <br> Pool Table all day | 11 <br> 9:00a.m. Painters <br> 9:30a.m Games | 12 <br> 9:00a.m. Exercise <br> 9:00 a.m. Dominoes <br> 9:45a.m. Bingo-Brad Guillory <br> w/Family Court Judge <br> 11:30a.m Bean-Bag Baseball <br> 12:30p.m. Dancers | 13 <br> 8:00 a.m. Musicians <br> 9:00 a.m. Dominoes <br> 9:00 a.m. Beanbag Baseball <br> Tournament IN IOWA <br> Pool Table all Day |
| 16 <br> 9:00 a.m. Exercise 9:45a.m. Bingo- Kaleb w/Medicare Insurance 12:30p.m Dancers | 17 <br> 8:30 a.m. Quilting <br> 9:00 a.m. French Conversation 9:00 a.m. Dominoes 10:00 a.m. T-Shirt Jump Ropes for Operation Christmas Child | 18 <br> 9:00a.m. Painters <br> 9:30a.m Games <br> 11:30 a.m. ADVANCED <br> BINGO | 19 <br> 9:00a.m. Exercise <br> 9:00 a.m. Dominoes <br> 9:45a.m. Bingo-Misty w/Aetna <br> 11:30a.m. Bean-Bag Baseball <br> 12:30p.m. Dancers | 20 <br> 8:00 a.m. Musicians <br> 9:00 a.m. Dominoes <br> Pool Table all day |
| 23 <br> 9:00 a.m. Exercise 9:45a.m. Bingo-Mr. Franklin w/DA Office 12:30p.m Dancers | 24 <br> 8:30 a.m. Quilting <br> 9:00 a.m. French Conversation <br> 9:00 a.m. Dominoes <br> Pool Table all day | 25 <br> 9:00a.m. Painters <br> 9:30a.m Games <br> 11:00a.m. SWAP DAY | 26 <br> 9:00a.m. Exercise <br> 9:00 a.m. Dominoes <br> 9:45a.m. Bingo-Monica w/CSE <br> 11:30a.m Bean-Bag Baseball <br> 12:30p.m. Dancers | 27 <br> 8:00 a.m. Musicians 9:00 a.m. Dominoes 11:30 a.m. BIRTHDAY MEAL/Costume Contest Pool Table all day |
| 30 <br> 9:00 a.m. Exercise 9:45a.m. Bingo <br> 12:30p.m Dancers | 31 <br> All Senior Centers <br> BBQ Lunch and Costume <br> Contest at Freedom Hall in <br> Westlake <br> Time: 8:00am-1:00pm |  |  |  |

## VOLUNTEERS NEEDED

This center relies on volunteers to help with special events...serve food, help clean up afterwards and seasonal decorations. If you would like to consider being a volunteer, please call 217-0500, ask for Sandra or Chris.

## Sponsorship / Partners

Sponsors are needed to help make our events successful for the seniors. We are looking for sponsors who can commit to a monthly donation for items need for the center such as, Birthday Luncheons, Older American Month, Senior Center Month, and other events throughout the year. Please call or email the center for more information.

## WISH LIST / DONATIONS

The items listed below, is a wish list for activities, ongoing classes and upcoming events at our center. We also accept monetary donations.

Sponsors for Bingo - Bingo gifts are \$2.00-\$3.00 Items such as: potatoes, onions, sugar, paper towels, stamps, snacks, laundry detergent, fabric softener, dish washing liquid, bleach, personal hygiene items (shampoo with conditioner, lotion, body wash, etc.) meal in a box (Betty Crocker, etc.) fresh fruits, cake mix with icing, pancake mix with syrup, canned meat, food storage containers, bottled water, juice, soda, tea, etc. Bingo Blackout gifts can include larger valued items, gift certificates to restaurants, nail salon, car wash, etc.

Please call 217-0500 if you or someone you know would like to donate any of the items on this Wish List.

Thank You,
Sandra Chambers


