
















Iowa Senior Center
120E. 1st. St.
Iowa, La. 70647



June, 2023

Western Day

337-312-1781

SUN	Mon	Tue	Wed	Thu	Fri	Sat
		<i>Don- na Young Jocelyn Miller</i>		<i>1 8am-10am Dominoes 10am Bingo with Teresa from Heart of Hospice Western Day Dressup Con- test</i>	<i>2 8am Dominoes & Breakfast with friends 8:30-9am Walk away the pounds 9am-10am Chair Exer</i>	
	<i>5 8am Dominoes 8:30am-9am Walk away the pounds 9am -10am Chair Exer. 10am Crafts</i>	<i>6 8am -10am Dominoes 10am Bingo w/ Amy from Evangeline Home Health 11am Pokeno</i> 	<i>7 8am-until Dominoes 8:30am-9am Walk Exer. 9am Chair Exer. 10am Beanbag Baseball</i>	<i>8 Western Day With D.J. Earl LaPointe</i>	<i>9 8am Dominoes & Breakfast with friends 8:30-9am Walk away the pounds 9am-10am Chair Exer.</i>	<i>Biscuit & Coffee with Friends Every Friday</i>
	<i>12 8am Dominoes 8:30am-9am Walk away the pounds 9am-10am Chair Exer.</i>	<i>13 8am-10am Domi- noes 10am Bingo w/ Jessica & Satrica from All about You Home Health</i>	<i>14 8am-until Dominoes 8:30-9am Walk Exercise 9-10 am Chair Exer. 10am Beanbag Baseball</i>	<i>15 8am-10am Dominoes 10am Bingo with Harbor Hospice 11am:</i> 	<i>16 Closed Observance of Juneteenth</i>	
	<i>19 8am-until Dominoes 8:30am-9am Exercise 9am-9:30am Chair Exer. 10am Crafts</i>	<i>20 8am-10am Dominoes 10am Bingo with Misty from Center well 11am Pokeno</i> 	<i>24 8am-until Dominoes 8:30am-9am Walk away the pounds 9am-10am Chair Exer. 10am Beanbag Baseball</i>	<i>22 9am-1pm Senior Bingo & BBQ KC HALL Sponsored by Iowa Police Department & Calcasieu Council on Aging</i>	<i>23 8:30am Walk away the pounds 10am Widows Tea With Sandra & Shelly</i>	<i>Bingo every Tuesday & Thursday</i>
	<i>26 8am-until Dominoes 8:30 Walk away the pounds 9am Chair Exercise</i>	<i>27 8am-10am Domi- noes 10am- Bingo w/ Angela from Sheriff's Office of Elderly Affairs Monthly Birthday Celeb.</i>	<i>28 8am-until Dominoes 8:30am Walk away the pounds 9am- Chair Exercise 10am- Beanbag Baseball</i>	<i>29 8am-10am Dominoes 10am Bingo and Speaker W/ Kaleb from Humana 11am</i> 	<i>30 8am Dominoes & Breakfast with friends 8:30-9am Walk away the pounds 9am Chair Exercise</i>	

MONDAY—FRIDAY 8am - 1pm