
















Iowa Senior Center
120E. 1st. Ave
Iowa, La. 70647



November, 2022

Happy Thanksgiving

337-312-1781

SUN	Mon	Tue	Wed	Thu	Fri	Sat
		1 8-10am Dominoes 10am Bingo w/ Judge Bradberry 11am Pokeno	2 8-10am Dominoes 8:30- 9am Walk away the pounds 9am Chair Exercise 10am Beanbag Baseball	3 8-10am Dominoes 10am Bingo with Kelli @ Johnson Brown Funeral Home 11am The Price Is Right 	4 8am -until Dominoes & Breakfast with friends 8:30 Walk away the pounds 9-10am Chair Exercise	
	7 8-10am Dominoes 8:30 Walking exercise 9am Advisory Col Meeting 9-10am Chair exercise	8 8am -10am Dominoes 9:30 Speaker Nicole w/ Christus Oshner and Bingo 11am Pokeno	9 8am-until Dominoes 8:30am-9am Walk away the pounds 9am-10am Chair Exer. 10am Beanbag Baseball	10 8am-10am Dominoes 9:30 Honor our Veterans 10am Bingo w/ Dodie @ Southern Home Health 11am 	11 8am-Dominoes & Breakfast with our Veterans 8:30am Walk Exercise 9-10am Chair Exercise	Biscuit & Coffee with Friends Every Friday
	14 8am Dominoes 8:30am-9am Walk away the pounds 9am-10am Chair Exer 10am Beanbag Baseball	15 8am-10am Dominoes 10am- Bingo W/ Jennifer @ JD Bank 11am Pokeno 	16 8am-until Dominoes 8:30-9am Walk away the pounds 9am- 10am Chair Exer. 10am Beanbag Baseball	17 8am-10am Dominoes 9:30 Speaker and Bingo w/ Shelly @ Harbor Hospice 11am 	18 8am Dominoes & Breakfast with friends 8:30 Walk away the the pounds 9-10am Chair Exercise	Pokeno every Tuesday at 11am 
	21 8am-until Domines 9:30 -Turkey Bingo 10:30 -Thanksgiving Lunch Lunch	22 8am -10am Dominos 10am Give Thanks Bingo 11am Pokeno	23 8am-until Dominoes 8:30am-9am Walk away the pounds 9am-10m Chair Exer. 10am Beanbag Baseball	24 CLOSED 	25 Closed Happy Thanksgiving	Bingo every Tuesday & Thursday
	26 8am-10am Dominoes 8:30am-9am Walk away the pounds 9am-10am Chair Exer 10am Crafts	29 8am-10am Dominoes 9:30am- Speaker & Bingo w/ Kathy @ The Foster Grandparent Program Monthly Birthday w/pizza 11am Pokeno	30 8am-until Dominoes 8:30am Walk away the pounds 9am- Chair Exercise 10am- Beanbag Baseball		Linda Leonard Ronald Sweeney Glynn Portie Katherine Charles Freddie Augustine Judy Mott	

MONDAY—FRIDAY 8am - 1pm