













Sept 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<p>HOT COFFEE SERVED EVERY MORNING Music: Monday 8a.m.-12p.m. Bridges: Tuesday Table Pool: Wednesday-Friday 8am-12pm JOIN US SENIOR CENTER MONTH : Strengthening Community Connections</p>			<p>1 Tai Chi 9am-9:30am Bingo with Southern Home Health 9:30am-10:30 Social hour 10:30am-12pm</p>	<p>2 Nannette Kitchen (pancakes & eggs) & CRAFT DAY (Blinging things)9am</p>	
	<p>5 CLOSED FOR LABOR DAY</p>	<p>6 Chair Yoga 9am-9:30am Bingo with CAREHELP 9:30am-10:30am Social hour 10:30am-12pm</p>	<p>7 Day Trip to Jennings Flea Market 8:30am-2pm</p>	<p>8 Tai Chi 9am-9:30am SOCK it to me” Bingo Sheriff Dept 9:30am-10:30 Social hour 10:30am-12pm</p>	<p>9 Walk it off 8:30 am Chair Hockey 9am-9:30am Bean Bag Baseball 9:30 am-10:30 am</p>	<p>Every MWF we will serve full breakfast</p> 
<p>GRAND PARENTS DAY  HAPPY GRANDPARENTS DAY!  Grandkid & Goody bag Drive Thru 2pm-3pm</p>	<p>12 Music 9:00-12pm Spa Day with Avery James School of Cosmetology 9am-12pm</p>	<p>13 Chair Yoga 9am-9:30am Bingo with Sabine Bank 9:30am-10:30am Social hour 10:30am-12pm</p>	<p>14 Chit Chat and Chew 8am-10:30am A Night in Italy (Supermarket Sweep) 10:30-12pm</p>	<p>15 Tai Chi 9am-9:30am Bingo with Hixson Funeral Home 9:30am-10:30am Social hour 10:30am-12pm</p>	<p>16 FOOD FOR SENIORS Feet Massages 8am-9:30am Chair Hockey 9am-9:30am Bean Bag Baseball 9:30 am-10:30 am</p>	
<p>You must be a participant & meet criteria for Gas Up day</p> 	<p>19 GAS UP DAY Sponsored by State Rep Les Farnum Senator Jeremy Stine CareHelp of Sulphur</p>	<p>20 Chair Yoga 9am-9:30am Bingo with 9:30am-10:30am Annual CCOA meeting (LC) 11am-12pm</p>	<p>21 AARP 8:00-12 LIFT 9:00am-11am Ceramic 9am-12pm</p>	<p>22 Tai Chi 9am-9:30am “A Pet’s Tale” Bingo with Johnson & Robinson Funeral Home 9:30am-10:30am</p>	<p>23 Walk it off 8:30 am Chair Hockey 9am-9:30am Bean Bag Baseball 9:30 am-10:30 am</p>	
	<p>26 Young at Art with Home Health 2000 9:00 am-12pm</p>	<p>27 Chair Yoga 9am-9:30am Bingo with Humana 9:30am-10:30am (each round a different game) Social hour 10:30am-12pm</p>	<p>28  9:30am-11am</p>	<p>29 Bijou’s Bingo with Hixson 9:30am-10:30am Social hour 10:30am-12pm</p>	<p>30 Walk it off 8:30 am Chair Hockey 9am-9:30am Bean Bag Baseball 9:30 am-10:30 am</p>	

PARTNERS FOR THE ELDERLY PROGRAM

We're looking for businesses or individuals who are willing to invest in us

\$100 monthly or \$1200 yearly

to defer cost of various programs, activities, trips, supplies, etc.

The items listed below is a wish list for activities, ongoing classes, and upcoming events at our center.

*Bingo prizes: 5lbs Sugar, 5lbs Rice, Epsom salt, fabric softener, dish washing liquid, bleach, personal hygiene items, gift certificates to restaurants or food places, car wash, etc. **We also accept monetary donations***

2022 Partners for the Elderly Sponsors: State Representative Les Farnum, Westlake Petroleum, Indorama Venture, City of Sulphur, West Cal Cam Hospital, Ed & Marilyn Dawdy, Stuart Moss, Memory of Arthulus Matthews, Memory of Christopher Duncan, Citgo Group, Stine Lumber Co. Navarre Auto Group, JT & Mandy Thomas, Dustin Granger, William & Belinda Arceneaux, Calcasieu Lawn Care, Indorama Venture, Westlake Petroleum Jeff Davis Bank, WR Grace, Michael & Nannette Vincent,

ASK ME HOW YOU CAN BECOME A PARTNER FOR THE ELDERLY

Special Thanks to: Tommy Little, Caroline Hunt, Nannette Vincent, Mary Little, Belinda Arceneaux, Ranelle Labove, West Cal Cam Hospital, City of Sulphur, Les Farnum, Larry Rewerts, Marshal Brandon Dever & Ward 4, United Way, Indorama Venture, Pleasant Green Baptist Church

SULPHUR SENIOR CENTER

"WE'RE FAMILY HERE"



Thank you,

Cynthia Beverly, Coordinator

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