

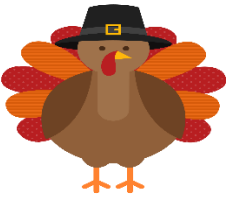










**SULPHUR SENIOR CENTER**

**601 MAPLE ST 337-527-4574**

**“THANKFUL \* GRATEFUL \* BLESSED”**



**November 2021**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	
	<p><b>1</b> <b>Band &amp; Biscuits</b> (LIVE MUSIC) 8am-12pm in the main lobby</p>	<p><b>2</b> <b>Bingo with St. Joseph Hospice</b> 9:30am-10:30am  Chair Yoga 11am-12pm</p>	<p><b>3</b> <b>Chit Chat &amp; Chew with Louisiana Spirit</b> 9am-11:30am (Dealing with Anxiety &amp; Depression)</p>	<p><b>4</b> <b>Bingo with Southern Home Health</b> 9:30am-10:30 a.m. Line Dancing 10:45am-11:45 am <b>MEDICARE WITH CCOA</b> 9a.m-11a.m.</p>	<p><b>5</b> TOPS 8am-12pm  <b>Bean Bags Baseball</b> 9:30am-12pm</p>	
	<p><b>8</b> <b>FREE DAY</b> Card games/ /Mexican Train Puzzles Quilting 8am-12pm</p>	<p><b>9</b> <b>Bingo with Christus Hospice</b> 9:30am-10:30am  <b>VETERAN DAY PROGRAM &amp; PIZZA</b> 11am-12pm</p>	<p><b>10</b> <b>TURKEY RUN</b> (Using remote controlled cars) <b>Pokeno, Penny Auction, &amp; Senior Swap Day</b> <b>BOOK Edition</b> 9:30am-11am</p>	<p><b>11</b> <b>Bingo with Red River Bank</b> 9:30am-10:30 a.m. Line Dancing 10:45am-11:45 am</p>	<p><b>12</b> TOPS 8am-12pm <b>Bean Bags Baseball against The CITGO GROUP</b> 9:30am-12pm</p>	
	<p><b>15</b> <b>Christmas Crafts &amp; Scrapbooking 2021</b> <b>9:00am-12pm</b></p>	<p><b>16</b> <b>TURKEY Bingo with Johnson and Robinson</b> (Each winner wins a Turkey) 9:30am-10:30am Chair Yoga 11am-12pm</p>	<p><b>17</b> <b>LIFT with Hixson Funeral home</b> Ceramic 9:30am-11:30 pm</p>	<p><b>18</b> <b>Bingo with Hixson Funeral</b> 9:30am-10:30 a.m.  Line Dancing 10:45am-11:45 am</p>	<p><b>19</b> TOPS 8am-12pm  <b>Food for Seniors</b> 8am-9:30am <b>Bean Bags Baseball</b> 9:30am-12pm</p>	
	<p><b>22</b> <b>THANKSGIVING LUNCHEON</b> 10:30am -12:00pm</p> 	<p><b>23</b> <b>Grateful Bingo with Christus Home Health</b> 9:30am-10:30am  Chair Yoga 11am-12pm</p>	<p><b>24</b> <b>FREE DAY</b> Card games/ /Mexican Train Puzzles Quilting 8am-12pm</p>	<b>CLOSED FOR THANKSGIVING</b>		
	<p><b>29</b> <b>FREE DAY</b> Card games/ /Mexican Train Puzzles Quilting 8am-12pm</p>	<p><b>30</b> <b>Bingo with Aetna</b> 9:30am-10:30am Chair Yoga 11am-12</p>	<p><b>WEEKLY ACTIVITIES</b> <b>HOT BISUITS SERVED EVERY MORNING</b>  Music: Monday 8a.m.-12p.m. Bridge: Tuesday 8am-12pm Table Pool: Wednesday -Friday 8am-12pm Quilting: Mon-Thur 8a.m.-12p.m.</p>			

# PARTNERS FOR THE ELDERLY PROGRAM

**We're looking for businesses or individuals who are willing to invest in us  
GOLD \$100 monthly or \$1200 yearly/ SILVER \$50.00 monthly or \$600 yearly  
to defer cost of various programs, activities, trips, supplies, etc.**

The items listed below is a wish list for activities, ongoing classes, and upcoming events at our center.

*Bingo prizes: 5lbs Sugar, 5lbs Rice, Epsom salt, fabric softener, dish washing liquid, bleach, personal hygiene items, gift certificates to restaurants or food places, car wash, etc. **We also accept monetary donations***

**2021 Partners for the Elderly Sponsors: State Representative Les Farnum, Westlake Petroleum, Indorama Venture, Wendy Aguillard, City of Sulphur, West Cal Cam Hospital, Ed & Marilyn Dawdy, Stuart Moss, Memory of Arthulus Matthews, Memory of Christopher Duncan**

**Special Thank you to Tony Guillory ALL-STATE, Calcasieu Lawn Care, Stine Lumber Company, Carl Vincent State Farm, William, and Belinda Arceneaux, Mary Little, Masonic Lodge #424, West Cal Cam Hospital**

**Covid Guidelines will be strictly enforced**

**\*EVERYONE must wear a mask\***

**\*Daily Temperature check\***

**\*Daily Health Screening\***

**\*Social Distancing\***

**SULPHUR SENIOR CENTER  
"WE'RE FAMILY HERE"**



Thank You  
Cynthia Beverly, Coordinator  
Barbara Daniels, Asst. Coordinator