

OCTOBER 2021

Lake Charles Senior Center
1530 5TH Street Lake Charles, LA 70601
337-433-0805 or 337-794-0415



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>"The spirit never ages. It stays forever young."</p>			<p>Happy Birthday!!!</p>	<p>¹ Amedisys - Christy Home Health Care Presentation 9:30 am Bingo LCSC 10:00 am – 11:15 am James – St. Joseph Chair Exercise 11:30am – 12pm Pool Tables 8am-2pm</p>
<p>⁴ Crochet – Ms. Jeanette 10am – 12pm James St. Joseph Hospice- Chair Exercise 12pm – 12:30pm Pool Tables 8am-2pm</p>	<p>⁵ Scrapbooking – Ms. Shelia 10am – 12pm Bean Bag Baseball 12:30pm – 2:30pm Pool Tables 8am-2pm</p>	<p>⁶ Bingo Scott- Christus Hospice 10:00 am – 11:15 am Chair Exercise – Ms. Shelia 11:30 pm – 12pm Pool Tables 8am-2pm</p>	<p>⁷ Craft - Ms. Shelia 10am – 1pm Bean Bag Baseball 11:45 am – 1pm Mexican Train 1pm – 2:30pm Pool Tables 8am-2pm</p>	<p>⁸ Bingo Dodie- Southern Home Health 10:00 am – 11:15 am James – St. Joseph Chair Exercise 11:30am – 12pm Pool Tables 8am-2pm</p>
<p>¹¹ Crochet – Ms. Jeanette 10am – 12pm James St. Joseph Hospice- Chair Exercise 12pm – 12:30pm Pool Tables 8am-2pm</p>	<p>¹² Scrapbooking – Ms. Shelia 10pm – 12pm Bean Bag Baseball 12:30pm – 2:30pm Pool Tables 8am-2pm</p>	<p>¹³ Super Bingo – Marshall Keller 10:00 am – 11:15 am Chair Exercise – Ms. Shelia 11:30 pm – 12pm Pool Tables 8am-2pm</p>	<p>¹⁴ Craft - Ms. Shelia 10am – 1pm Bean Bag Baseball 11:45 am – 1pm Mexican Train 1pm – 2:30pm Pool Tables 8am-2pm</p>	<p>¹⁵ Bingo / Luncheon Georgina – Sage Oak Assisted Living and Memory Care 10:00 am - 11:15 am James – St. Joseph Chair Exercise 11:30am – 12 pm Pool Tables 8am-2pm</p>
<p>¹⁸ Crochet – Ms. Jeanette 10am – 12pm James - St. Joseph Hospice Chair Exercise 12pm – 12:30pm Pool Tables 8am-2pm</p>	<p>¹⁹ Home Health Care 2000 Health Education/Luncheon 10am – 12pm Scrapbooking – Ms. Shelia 12pm – 2pm Bean Bag Baseball 12:30pm – 2:30pm Pool Tables 8am-2pm</p>	<p>²⁰ Bingo Lashawnda – Wise Tax & Accounting 10:00 am – 11:15 am Chair Exercise – Ms. Shelia 11:30 pm – 12pm Pool Tables 8am-2pm</p>	<p>²¹ Craft – Ms. Shelia 10am – 1pm Bean Bag Baseball 11:45 am – 1pm Mexican Train 1pm – 2:30pm Pool Tables 8am-2pm</p>	<p>²² Bingo- Jody- Hixson 10:00 am – 11:15 am James – St. Joseph Chair Exercise 11:30am – 12pm Pool Tables 8am-2pm</p>
<p>²⁵ Crochet – Ms. Jeanette 10am – 12pm James - Chair Exercise 12pm – 12:30pm Pool Tables 8am-2pm</p>	<p>²⁶ Scrapbooking – Ms. Shelia 10am – 12pm Bean Bag Baseball 12:30pm – 2:30pm Pool Tables 8am-2pm</p>	<p>²⁷ Yolanda - LSU AG Nutrition Education - 9:30am – 10am Bingo – Jackie - Christus 10am – 11:15am Chair Exercise – Ms. Shelia 11:30am – 12pm Pool Tables 8am-2pm</p>	<p>²⁸ Craft – Ms. Shelia 10am – 1pm Bean Bag Baseball 11:45 am – 1pm Mexican Train 1pm – 2:30pm Pool Tables 8am-2pm</p>	<p>²⁹ Bingo - Connie – B1 Bank ELDERLY FRAUD & ABUSE 9:45am – 10am 10:00 am – 11:15 am James – St. Joseph Chair Exercise 11:30am – 12pm Pool Tables 8am-2pm</p>

VOLUNTEERS NEEDED

This center relies on volunteers to help with special events...serve food, help clean up afterwards and seasonal decorations. If you would like to consider being a volunteer please call 433-0805, ask for Shelia.

Sponsorship / Partners

Sponsors are needed to help make our events successful for the seniors. We are looking for sponsors who can commit to a monthly donation of \$100 a month for Birthday Luncheons, Older American Month, Senior Center Month, Generations Unite Zydeco, and other events throughout the year. Please call or email the center for more information, ask for Shelia.

WISH LIST / DONATIONS

The items listed below, is a wish list for activities, ongoing classes and upcoming events at our center. We also accept **monetary donations**.

Sponsors for Bingo - Bingo gifts start at **\$3.00 - \$5.00** Items such as: potatoes, onions, cabbage, paper towels, stamps, coffee & creamer, laundry detergent, fabric softener, dish washing liquid, bleach, personal hygiene items (shampoo with conditioner, lotion, body wash, etc.) meal in a box (Betty Crocker, etc.) fresh fruits, cake mix with icing, pancake mix with syrup, canned meat, food storage containers, bottled water, juice, soda, tea, gift certificates to restaurants, nail salon, car wash, etc. 10 items are needed and **1 consolation prize valued at least \$15.00**. Monetary donations are always accepted.

Activity items needed: vinyl and HTV vinyl, cardstock, scrapbook paper & embellishments, envelopes, glue, double sided tape, scissors, rulers, yarn, cotton fabric, batting, thread, rotary cutters, quilting mats, ribbon, beads, acrylic paint, glaze for ceramics, etc. Monetary donations are always accepted.

WE HAVE NOT BECAUSE WE ASK NOT!

Please call 433-0805 or 794-0415 if you or someone you know would like to donate any of the following items on this Wish List.

Thank You,
Shelia Evans
Senior Coordinator
sevans@calcoa.org

