


June 2021

SULPHUR SENIOR CENTER
601 MAPLE ST 337-527-4574
"WE'RE FAMILY HERE"



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Bingo 9:30 am-10:30am Chair Yoga 11am-12pm	2 SPEAKER HOME CARE with Jackie Gremillion 9:30am-10:30am Chair Yoga 11am-12pm	3 Bingo with Southern Home Health 9:30am-10:30am Chair Yoga 11am-12pm	4 TOPS 8am-12pm Bean Bags Baseball 10am-12pm	
NEVER PUT AN AGE LIMIT ON YOUR DREAMS 	7 OAM Video review & popcorn 9am -10am CRAFT DAY (serving plates) Quilting 8am-12pm	8 Bingo with Christus Hospice 9:30m-10:30am Active Mind Training with Christus Home Health 10:30am - 11:30pm	9 Senior Swap Day <i>(bring 2 gently used items & swap with someone else)</i>	10 Bingo with Red River Bank 9:30am-10:30am Chair Yoga 11am-12pm	11 TOPS 8am-12pm Bean Bags Baseball 10am-12pm	
	14 Quilting 8am-12pm Tic Toc Challenge 9:30 am – 10:30 a.m.	15 WATERMELON BINGO Bingo with Johnson & Robinson Funeral Home 9:30am-10:30am 	16 Biscuits & Coffee Social 8am-10am Ceramic 10am-12am	17 FATHER'S DAY BINGO Bingo with Hixson Funeral Home 9:30am-10:30am Chair Yoga 11am-12pm	18 TOPS 8am-12pm Food for Seniors 8am-9:30am Bean Bags Baseball 10am-12pm	ITS HOT: SO, STAY HYDRATED
	21 Quilting 8am-12pm Lights Action Camera (video recording of what we've learned from 2020)	22 Bingo with Christus Home Health 9:30am-10:30am Active Mind Training with Christus Home Health 10:30am - 11:30pm	23 Monthly Luncheon Enchiladas Dinner 10:30am-12 pm Pokeno & Penny Auction 9:30 am-10:30	24 Bingo with Humana 9:30am-10:30am Chair Yoga 11am-12pm	25 TOPS 8am-12pm Bean Bags Baseball 10am-12pm	
	28 Quilting 8am-12pm Ceramic 10am-12am	29 Bingo with St Joseph Hospice Active Mind Training with Christus Home Health 10:30am - 11:30pm	30 Painting with a Senior 9:30am-11:30am Quilting: Monday - Thursday 8am-12pm	<h2>Weekly Activities</h2> Coffee and Hot Biscuits Social Bridge: Tuesday 8am-12pm (coming BACK soon) Table Pool: Wednesday -Friday 8am-12pm (coming BACK soon) Music: Monday 8am-12pm (coming BACK soon)		

VOLUNTEERS NEEDED

Looking for sponsors / investors for:

Partner with Elderly Program

The items listed below, is a wish list for activities, ongoing classes, and upcoming events at our center.

*Bingo prizes: 5lbs Sugar, 5lbs Rice, Epsom salt, fabric softener, dish washing liquid, bleach, personal hygiene items, gift certificates to restaurants or food places, car wash, etc. **We also accept monetary donations***

2021 Partners for the Elderly Sponsors: State Representative Les Farnum, Westlake Petroleum, Indorama Venture, Wendy Aguiard, City of Sulphur
Special Thank you to our 2021 Older American Month Sponsors: Eavy Maturah, Holliers Restaurant, Missies Grocery, West Cal Cam Hospital, Tony Tramonte, Tommy Little

Covid Guidelines will be strictly enforced.

Mask must be worn for those that are not vaccinated

Daily Temperature check

Weekly Health Screening

Social Distancing for those who are not vaccinated

Limited Seating

SULPHUR SENIOR CENTER

"WE'RE FAMILY HERE"



Thank You
Cynthia Beverly, Coordinator
Barbara Daniels, Asst. Coordinator

**NEVER PUT AN
AGE LIMIT ON
YOUR DREAMS**