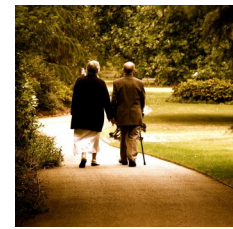

















Iowa Senior Center
120E 1st. Ave.
Iowa, La. 70647



June 2020

337-312-1781

SUN	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Birthday's</i> Ellaine Thompson June 3rd Margaret Reppond June 10th</p>	<p><i>Happy Birthday!</i></p> 	<p>1 8am –until Dominoes</p> <p>10am 11am</p> 	<p>2 8am –until Dominoes</p> <p>8:30-am 9:30 am Ex- ercise-Chair</p> <p>10am –11am Bean Bag Baseball</p>	<p>3 8am– until Dominoes</p> <p>10am –11am Bingo</p> <p>11am –until Pokeno</p>	<p>4 8am –until Dominoes</p> <p>8:30am-9:am Walk away the pounds</p> <p>9am-9:30 am Chair Exercise</p>	<p>5 Exercise Mon. Wed. & Fri.</p> 
<p>6</p>	<p>7 8am –until Dominoes</p> <p>8:30am- 9am Walk away the pounds</p> <p>9am-9:30am Chair Exercise</p>	<p>8 8am-until Dominoes</p> <p>10am-11am Bingo with Jackie Christus St. Patrick Lunch– Nachos</p>	<p>9 8am –until Dominoes</p> <p>8:30am-9:30am Ex- ercise –Chair</p> <p>10am –11am Bean Bag Baseball</p>	<p>10 8am until Dominoes</p> <p>10am –11am Bingo with Dodi Southern Home Health</p> <p>11 am-until Pokeno</p>	<p>11 8am-until Dominoes</p> <p>8:30am-9am Walk away the pounds</p> <p>9:am-9:30am Chair Exercise</p>	<p>12</p>
<p>13</p> 	<p>14 8am–until Dominoes</p> <p>8:30– 9am Walk away the pounds</p> <p>9am–9:30 Chair Exer</p> <p>10am –11am Crafts</p>	<p>15 8am-until Dominoes</p> <p>Popcorn Bingo</p> <p>10am-11am</p> 	<p>16 8am–until Dominoes</p> <p>8:30am-9:30am Ex- ercise –Chair</p> <p>10am-11am Bean Bag Baseball</p>	<p>17 8am</p> <p>-until Dominoes</p> <p>10 am-11am Bingo</p> <p>11am –until Pokeno</p>	<p>18 8am–until Dominoes</p> <p>8:30-9am Walk away the pounds</p> <p>9am-9:30am Chair Exercise</p>	<p>19 Exercise Mon. Wed. & Fri</p> 
<p>20 Summer Begins</p> 	<p>21 8am–until Domi- noes</p> <p>8:30am-9am Walk away the pounds</p> <p>9am–9:30 Chair Exercise</p>	<p>22 8am –until Dominoes</p> <p>10am –11am Bingo & Memory Care with Jack- ie –Christus St. Patrick</p>	<p>23 8am until Dominoes</p> <p>8:30am-9:30am Exercise-Chair</p> <p>10am –11am Bean Bag Baseball-</p>	<p>24 8am-</p> <p>until Dominoes</p> <p>10am –11am Bingo</p> <p>11am –until Pokeno</p>	<p>25 8am-until Dominoes</p> <p>8:30am-9am Walk away the pounds</p> <p>9:am-9:30am Chair Exercise</p>	<p>26</p> 
<p>27</p> 	<p>28 8am–until Dominoes</p> <p>8:30am-9am Walk away the pounds</p> <p>9am-9:30am Chair Exer</p> <p>10 am-11am Crafts</p>	<p>29 8am –until Dominoes</p> <p>10am-11am Bingo</p> <p>Celebrate Birthday's</p> 	<p>30 8am-until Dominoes</p> <p>8:30am-9:30am Exercise</p> <p>10am –11am Bean Bag Baseball</p>			

MONDAY—FRIDAY 8am - 1pm